

**International Workshop on  
Psycho-Social Care and Support for Children and Adolescents  
Infected and/or Affected by HIV & AIDS  
In cooperation with UNAIDS  
Haifa, Israel  
February 2 – 26, 2015**



Last year's participants visiting RAMBAM Medical Center with Dr. Margalit Lorber, Head, Autoimmune, HIV/AIDS Disease Unit

## RATIONALE

Children and adolescents infected and/or affected by HIV & AIDS are exposed to traumatic situations when they encounter sickness and loss of their parents and the satisfaction of their basic needs are at risk. Moreover they are likely to face an alien community and experience stigmatization and rejection, which lead to low self-esteem and lack of coping skills.

HIV & AIDS should be seen and treated as a holistic issue. Children and adolescents with HIV & AIDS must be treated medically; however the effects of this disease on the psycho-social development of the child must not be neglected. It is therefore essential to provide this care to complement the medical care. Well-structured systems that can offer services and counseling to children and adolescents affected and/or infected by HIV & AIDS are lacking in many countries. In this workshop participants experience multi-purpose programs to serve such communities, learn about different therapies and techniques used to help support children and adolescents who have encountered trauma, and visit psycho-social care and support programs.

## INTRODUCTION TO THE PROPOSED PROGRAM

Although Israel does not have large numbers of children and adolescents affected and/or infected by HIV and AIDS, we do nevertheless, have many children who have been affected by trauma and loss and who have been helped to develop coping skills to deal with these situations.

In this intensive 3 week workshop, participants learn about techniques and skills of psycho-social care for children and adolescents affected by HIV & AIDS. Participants are also helped to see the situation from different angles so they can create opportunities to improve the situation and alleviate distress of affected children and adolescents.

## WORKSHOP DESCRIPTION OBJECTIVES AND CHALLENGES

- To understand that HIV & AIDS must be seen as a holistic issue from the perspectives of health,
- To acquire knowledge in the following areas:
- Effects of loss and bereavement on the child, the family and the community
- Dealing with stigma and discrimination, rejection, loneliness and isolation
- Developing coping skills to ease the post traumatic syndrome
- Building resiliency resources in the individual, the family and the community to enhance awareness of their inner strength – through different therapies - art, music, movement etc.
- Formal and non-formal prevention education and community sensitization and dialogue
- Coordination among the community services
- Working in multidisciplinary teams - decision making, negotiating, conflict resolution
- Familiarity with local NGOs
- Project planning and writing

## ADMISSION REQUIREMENTS

The workshop is open to psychologists, educators, caregivers, NGO trainers on HIV & AIDS, community workers, social workers, health workers and nurses, or university lecturers. Candidates should have academic or equivalent training and experience in working with children infected and/or affected by HIV & AIDS. Multidisciplinary teams, working in the field are encouraged to attend the workshop together.

### SCHOLARSHIP FOR ALL PARTICIPANTS INCLUDES:

**Studies:** Lectures, field visits, written study material and use of the library, internet and free Wi-Fi.

**Room and Board:** Two students per room (linen, hot water, heating/air-conditioning), all meals included and laundry facilities on the premises.

**Cultural and Social Activities:** Excursions to historical and religious sites.

**Health Services:** Medical insurance covers medical services and hospitalization in case of emergency. It does not cover the treatment of chronic or serious diseases, specific medications taken by the participant on a regular basis, dental care, eyeglasses, or the period of pregnancy. Israeli Health Authorities recommend that visitors make sure they have been inoculated against tetanus in the last ten years.

**Participants Are Responsible For All Other Expenses.**

**Travel:** The scholarship does not cover flight tickets to and from Israel. International travel fares are the responsibility of the candidate or his/her sponsoring organization.

**Passport and Visa:** Passports must be valid for the period of the Workshop and include an entry visa into Israel. Two additional passport-size photographs are also required for various documents.

**Booking:** The date and flight number of the booking to Israel must be confirmed to assure arrival before the opening of the Workshop, on February 2, 2015.

**Weather:** The Workshop will take place in winter, when temperatures may range from 8° C to 15°C.

**Clothing:** Participants are advised to bring suitable clothing and comfortable low-heeled shoes for excursions and study visits.

**Personal Insurance:** Participants are advised to insure any valuable personal belongings, since MCTC takes no responsibility for them.

**HOW TO APPLY:**

You can find the application form on our website:

[www.mctc.org.il](http://www.mctc.org.il)

**\*\*Application forms should be sent to the Israeli Diplomatic and/or Consular Representatives serving the applicant's country. They are to be submitted no later than December 15<sup>th</sup>, 2014.** An additional copy of the application must be sent to Ms. Sarah Wilner ([sarah@mctc.org.il](mailto:sarah@mctc.org.il)).

**ABOUT MASHAV**

MASHAV – Israel's Agency for International Development Cooperation - at Israel's Ministry of Foreign Affairs was founded in late 1957, and is responsible for the design, coordination and implementation of the State of Israel's development cooperation programs.

**ABOUT MCTC**

The Golda Meir Mount Carmel International Training Center (MCTC) was established in 1961 to assist in the training of women engaged in community work in the newly emerging states in Africa and Asia. Since the establishment of MCTC, over 18500 participants from more than 150 countries in Asia, Africa, Europe, Central Asia, Eastern Europe, Latin America, Middle East, Oceania and the Caribbean have attended almost 630 capacity building programs and workshops, and 28 International Conferences for Women Leaders, conducted in Israel.

In addition, MCTC conducts between 20-30 institutional capacity building programs in partner countries throughout each year, for hundreds more trainees throughout the developing world.

MCTC focuses on three areas of study: Community Development, Early Childhood Education and Organization and Management of Microenterprises, all with gender as a cross-cutting issue. In each training program there are up to 30 women and men from 10 to 27 countries. Usually two workshops are conducted concurrently in different languages (English, French, Spanish, Russian or Arabic).

**About UNAIDS**

The Joint United Nations Programme on HIV/AIDS (UNAIDS) is a unique and innovative partnership that unites the efforts and resources of the UN, civil society, national governments, the private sector, global institutions as well as people living with and those most affected by HIV/AIDS to successfully

- Reduce sexual transmission of HIV
- Prevent HIV among drug users
- Eliminate new HIV infections among children
- Improve access to antiretroviral treatment
- Reduce tuberculosis deaths
- Close the resource gap
- Eliminate gender inequalities, stigma & discrimination as well as travel restrictions
- Strengthen HIV integration

The strength of UNAIDS lies in its unique ability to address the horizontal linkages and cross-sectoral nature of HIV from multiple perspectives. At country level, UNAIDS operates through Joint UN Teams and Joint Programmes of Support which promote coherent and effective UN action in support of an effective national AIDS response.

The UNAIDS vision of "Getting to zero"—zero new HIV infections, zero discrimination and zero AIDS-related deaths—has fostered a unity of purpose and a focus on results and has been adopted by political leaders and activists across the globe. UNAIDS is guided by a focused and targeted Strategy for 2011-15 with three pillars (revolutionize HIV prevention; catalyze the next phase of treatment; advance human rights and gender equality), clear deliverables, time-bound targets, and a focus on 30+ countries with the highest potential for impact on the HIV epidemic.

**The Golda Meir Mount Carmel International Training Center**



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