

## **Changning Earthquake – 17/6/19**

According to local transport authorities, transport routes including railways, highways, and roads have been affected by the earthquake, and some are blocked.

### **Safety instructions:**

If you are indoors:

- Remain inside.
- Take shelter under a heavy piece of furniture (table, desk, bed).
- Hang on to the piece of furniture in order to remain protected.
- Cover your head and torso to protect yourself from objects that could fall during an earthquake.
- Crouch alongside a wall if you cannot take shelter under a heavy piece of furniture or you are in a hallway.
- Stay away from windows and doors.
- If you are in a wheelchair, lock the wheels and protect your neck and head.

If you are in an elevator, select all of the floors and exit the elevator as soon as possible.

If you are outdoors:

- Remain outdoors.
- Take shelter in an open area, away from buildings and far from crowds if you are in a busy place. Right now, emergency evacuation sites can be seen nearby communities, remember its location in advance.

If you are driving:

- Stop the vehicle in a safe place, away from buildings, bridges and overpasses, and make sure that you are not blocking the road.
- Stay inside the vehicle.
- Listen to the radio for instructions from the authorities.
- Do not get out of the vehicle; wait for someone to rescue you if power lines have fallen on the vehicle.
- If you are in a bus, remain seated until it stops. Then take shelter in a protected area. If that is impossible, remain seated, bend forward and protect your head.

**If an earthquake occurs, consult local authorities' media in your area to obtain a status report and find out about the steps to take.**